

Masters of Science in Sports Science and Rehabilitation 7-Week Academic Degree Plan - 2025

Core Courses (21 credit hours)		Credit	Term & Year
STRC 500 Human Anatomy & Physiology		3	
STRC 550 Biomechanics		3	
STRC 510 Psychology of Sport and Exercise		3	
STRC 520 Sports Nutrition		3	
MSSR 515 Exercise/Cardiorespiratory Physiology		3	
MSSR 560 Sports Emergency Care		3	
MSSR 570 Principles of Injury Rehabilitation		3	
	Total Core	21	
	Credits		

Electives -Exercise Physiology Concentration		Term & Year
MSSR 600 Clinical Exercise Physiology	3	
MSSR 620 Exercise Testing	3	
MSSR 630 Exercise Prescription	3	
MSSR 670 Exercise Prescription for Special Populations	3	
MSSR 695 Exercise Physiology Internship	3	
Total Credits for Degree:	36	
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Electives-Sports Rehabilitation Concentration		
MSSR 565 Sports Emergency Care Lab	1	
(required for those DC students pursuing the CCSP certification)		
MSSR 640 Active & Passive Upper Extremity Rehabilitation	3	
MSSR 650 Active & Passive Lower Extremity Rehabilitation	3	
MSSR 680 Advanced Rehabilitation		
MSSR 690 Clinical Rehabilitation Internship	3	
Total Credits for Degree:	33-34	