



GRADUATE STUDENT HANDBOOK

LOGAN UNIVERSITY PROGRAMS

Master of Science in Nutrition and Human Performance

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INTRODUCTION

This handbook outlines the policies and administrative procedures that apply to graduate students in the Master of Science in Nutrition and Human Performance Program at Logan College of Chiropractic/University Programs. These policies and procedures conform to those listed in the Academic Catalog and Student Handbook. A graduate student's academic advisor has the primary responsibility to answer questions concerning the student's particular program, and to help him or her meet the requirements outlined in this handbook. Clarification of policies and procedures may also be provided by the program director.

PROGRAM INFORMATION

Programs

In the Master of Science in Nutrition and Human Performance Program, students may earn a Master of Science Degree through one of four emphasis tracks. Prerequisite, required, and elective courses for each degree are listed in the academic catalog as well as in the Appendix. Thesis projects, internships and supporting course work are chosen by students in consultation with their advisors. Programs are tailored by the student and advisor to emphasize areas of interest to the student as much as possible.

Program Summary and Timetable for Master of Science-Only Students

Tri 1

Select emphasis track:

1. Thesis
 - a. Plan A Thesis: original research
 - b. Plan B Thesis: research review

2. Clinical Internship
 - a. Sports Nutrition & Physical Performance
 - b. Wellness and Human Performance

Receive approval of degree emphasis and coursework plan from academic advisor.

Begin coursework.

Thesis students: Review Thesis Handbook. Select a faculty research director and project.

Submit and receive final approval for research proposal. Begin research.

Tri 2

Continue coursework.

Thesis students: Continue research.

Tri 3

Continue coursework.

Thesis students: Finish research. Start writing Thesis.

Tri 4

Pass written MS comprehensive exam.

Finish coursework.

Thesis students: Finish writing Thesis and submit it for final acceptance.

Internship students: Finalize internships. Submit internship contract papers.

Tri 5

Internship Track: Perform internship. Submit final paperwork.

Program Summary and Timetable for Dual Doctor of Chiropractic-Master of Science in Nutrition and Human Performance Degree Enrollment Students

Tri 5

Select emphasis:

3. Thesis
 - a. Plan A Thesis: original research
 - b. Plan B Thesis: research review
4. Clinical Internship
 - a. Sports Nutrition and Physical Performance
 - b. Wellness and Human Performance

Receive approval of degree emphasis and coursework plan from academic advisor.

Begin coursework.

Thesis students: Review Thesis Handbook. Select a Faculty Research Director and project.

Tri 6

Continue coursework.

Thesis students: Submit and receive final approval for research proposal. Begin research.

Tri 7

Continue coursework.

Thesis students: Continue research.

Tri 8

Continue coursework.

Thesis students: Continue research.

Tri 9

Continue coursework.

Thesis students: Finish research and write Thesis.

Internship students: Begin internship arrangements.

Tri 10

Pass written MS comprehensive exam.

Finish coursework.

Thesis students: Finish writing Thesis and submit it for final acceptance.

Internship students: Finalize internships. Submit internship acceptance papers.

Tri 11

Internship Track: Perform internship. Submit final paperwork.

PROGRAM MANAGEMENT

All master's degrees must be completed within five (5) years of the first trimester of enrollment.

Responsibility for Program Management

It is the student's responsibility to know and conform to all rules and regulations of Logan College of Chiropractic/University Programs and to the requirements of the Master of Science in Nutrition and Human Performance. These expectations are detailed in the Logan College of Chiropractic/University Programs Student Handbook, the Academic Catalog, and this handbook.

This handbook was prepared to acquaint students with program regulations and procedures. Submission of reports or other forms to Academic Advisors, Research Advisors, the university, or the program are the **responsibility of the student and not the faculty, or the program**, although the faculty are willing to assist where needed.

Program and degree requirements are listed in the academic catalog and should be discussed with your academic advisor and an appropriate plan for requirement completion developed.

Advisors

At the time of admission, each student is assigned an academic advisor who will meet with the student and discuss degree and program requirements and develop an appropriate plan for requirement completion. Students should consult regularly with their academic advisor as they progress through the program.

If the student chooses a thesis option then a research advisor should be sought out and possible research projects discussed. Once a research advisor is selected, he becomes the chair of the thesis committee, which will also include the Master of Science in Nutrition and Human Performance Program Director (MSN Program Director) and one or more additional

collaborating faculty as determined by the research advisor, student and MSN Program Director. Applicants should contact prospective advisors by visiting or corresponding with members of the faculty to determine the best match between their academic interests and the advisors' research interests. A list of potential research advisors with their corresponding research interests is available on the MSN website or from the MSN Program Director.

Coursework Plan

As soon as possible following acceptance into the program, the student and academic advisor should prepare a program of study that will meet the credit hour requirements listed in the academic catalog and the specific course requirements in the student's emphasis interests. Additional elective courses may become available in the program. These courses may then be included in a student's course of study if the student and advisor agree that such addition is in the best interest of the student.

Thesis Plan Options

Please see the Master of Science in Nutrition and Human Performance Thesis Handbook for more information.

Internships

Please see the Master of Science in Nutrition and Human Performance Internship Handbook for more information.

Performance Reviews

The student should regularly meet with their academic advisor to review their academic progress towards program completion. Standards and policy for satisfactory academic progress are described in the Academic Catalog.

Comprehensive Exam

A comprehensive exam over a student's graduate course work requires the student to demonstrate his/her mastery of the material presented in the program courses.

The coursework written examination is taken in the trimester following the completion of core program courses (usually during Doctor of Chiropractic Tri 10 or Master of Science in Nutrition and Human Performance Tri 4). Contact your academic advisor for more information concerning when the exams are given, how to register for them, etc. Questions for the exam are selected from a pool of questions submitted by instructors for each course. An excellent study strategy would be to build your own study guide by reviewing exams for each class as you take them. Forming regular study or online chat groups beginning in Doctor of Chiropractic Tri 9 or Master of Science in Nutrition and Human Performance Tri 5 is also recommended.

Termination of Graduate Status

Termination of graduate status may result if a student:

1. Fails to satisfactorily complete the conditions of acceptance and continuation (study list submission, minimum GPA, etc.).
2. Makes a request to withdraw (with the intent to pursue a degree at another university, for personal reasons, or in response to department recommendation).
3. Fails to make what the program or the university deems to be satisfactory progress toward a graduate degree.
4. Violates the university's standards of conduct or Honor Code.
5. Exceeds the five-year time limit.

APPENDIX

LIST OF GRADUATE FORMS

Graduate Program Checklist
Program Track and Coursework Plan

Graduate Program Checklist

Name: _____

Program Entrance Date: _____

Degree emphasis:

_____ Thesis Plan A _____ Clinical Internship - Sports Nutr

_____ Thesis Plan B _____ Clinical Internship - Wellness Nutr

All Students:

Form/Item	Date Completed
Program Track & Coursework Plan	

Thesis Students:

Research Advisor: _____

Form/Item	Date Completed
Research Proposal Approval Form	
Thesis Acceptance Form	

Internship Students:

Form/Item	Date Completed
Internship Approval Contract	

Completion Signature: _____

MSN Program Director Signature

_____ Date

Program Track and Coursework Plan

Name: _____

Degree emphasis track:

_____ Thesis Plan A _____ Clinical Internship - Sports Nutr

_____ Thesis Plan B _____ Clinical Internship - Wellness Nutr

Core Courses:

Course	Credits	DC Student Tri/Yr	MSN Student Tri/Yr
MSN5000 Nutritional Science I (BS04505-02) Or MSN5010 Fundamentals of Nutrition	2		
MSN5020 Nutrition and Physical Performance	3		
MSN5100 Survey of Natural Therapies	3		
MSN5300 Research Methodology (CL07001)	2		
MSN5325 Nutritional Science II (CL08701)	3		
MSN5375 Assessment of Nutritional Status	3		
MSN5425 Clinical Nutrition in Human Systems (CL09702)	3		
MSN5450 Survey of Sustainable Food Systems	3		
MSN5475 Lifecycle Nutrition	4		
MSN5800 Internship OR	6 OR		
MSN5810 Thesis	6		
Total Core Credits:	32		

Elective Courses:

Course	Credits	DC Student Tri/Yr	MSN Student Tri/Yr
MSN5200 Exercise / Cardiorespiratory (MSR5200)	3		
MSN5704 Sports Exercise Testing and Prescription Practicum (MSR5704)	3		
MSN5710 Nutritional Assessment of Athletes Practicum	3		
MSN5725 Clinical Nutrition and Human Performance Practicum	3		
Total Elective Credits:			

Total Program Credits: _____ (38 credits required for graduation)

Advisement Dates (enter dates student met with advisor):